



Massage rollers are used to put pressure on the muscles' triggerpoints and to loosen the tension in the muscles. Trigger points are often the cause of different pains.

Ø 14cm  
↔ 33cm



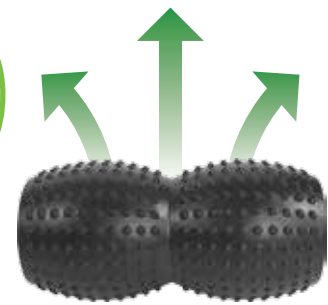
The Mambo Max Hollow Foam Roller can easily help people who are experiencing long term pains. Its three dimensional pattern with different shapes replicates the massage from a therapist's hands. The larger surfaces allow a superficial massage while the smaller shapes are designed for a deeper massage.



Ø 15cm  
↔ 33cm

The Mambo Max Ergonomic Foam Roller is a curved hollow foam roller, which enables more exercises. Except rolling back and forth, it's possible to make sideways movements. More muscles will be addressed through which the body will be toned even more. The soft foam in combination with the nipples is perfect for trigger point massages. The central groove will reduce pressure on the spine.

NEW



NEW



Ø 15cm  
↔ 46cm

Ø 10cm  
↔ 46cm

Ø 4cm  
↔ 46cm

NEW

The Mambo Max 3-in-1 foam roller combines 3 different foam rollers in one package. Thanks to its smooth surface, the outer part is perfect for a superficial massage. The second part has grooves which can be used for a deeper massage and to exercise higher pressure on the trigger points. Finally, with the inner massage stick it's possible to exercise high pressure on sore muscles to improve blood circulation and the muscles' recovery time. This last item is available as a separate product too: The Mambo Max Massage Stick.



Reference	Description	Unit
04-050101	Mambo Max Hollow Foam Roller	1 pc
04-050102	Mambo Max Ergonomic Foam Roller	1 pc
04-050301	Mambo Max 3-in-1 Foam Roller	1 set
04-050201	Mambo Max Massage Stick	1 pc