

The Original

MSD-BAND

RESISTIVE EXERCISE SYSTEM

MSD-Band is a premium quality, low powder (in fact, less than 2mg/dm², so we're officially powder-free) latex resistive exercise band. The unique Snap-Stop® fabrication process makes this product extremely tear resistant. Using the MSD-Band for resistive exercises provides positive as well as negative forces on the muscles and improves the range of motion, the strength and the cooperation of the muscle groups. The 8 different resistance levels are determined by the thickness of the band. These bands are available in 5 lengths and come with a full colour manual.

Dispenser: 25 pieces of 1,5m high quality MSD-Band in a sealed polybag in a great OTC dispenser box.

1,5m: 10 pre-cut pieces of the same resistance or 5 pieces of different resistance. (yellow, red, green, blue and black) that come in separate polybags with header.

2,5m: 10 pre-cut pieces of the same resistance or 5 pieces of different resistance. (yellow, red, green, blue and black) that come in separate polybags with header.

5,5m: A small roll of our premium MSD-Band.

22,5m: A medium roll of our premium MSD-Band.

45,5m: A big roll of our premium MSD-Band.

| COLOUR | TOTAL KG / ELONGATION % | | | | |
|--------|-------------------------|------|------|------|------|
| | 50% | 100% | 150% | 200% | 250% |
| Yellow | 1,0 | 1,3 | 1,5 | 1,9 | 2,3 |
| Red | 1,5 | 2,0 | 2,5 | 3,2 | 3,7 |
| Green | 1,6 | 2,5 | 3,0 | 3,5 | 4,1 |
| Blue | 2,2 | 3,0 | 3,6 | 4,4 | 5,2 |
| Black | 2,5 | 3,4 | 4,0 | 4,9 | 6,1 |
| Silver | 4,1 | 5,8 | 7,2 | 7,9 | 9,5 |
| Gold | 5,8 | 7,9 | 10,0 | 12,0 | 14,0 |



| COLOUR | RESISTANCE | MSD-BAND | | | | | |
|--|---------------|-----------|-----------|-----------|-----------|-----------|-----------|
| | | Dispenser | 1,5m | 2,5m | 5,5m | 22,5m | 45,5m |
| Tan | Extra Thin | n/a | n/a | n/a | 01-100501 | n/a | 01-104501 |
| Yellow | Thin | 01-100102 | 01-101502 | 01-100202 | 01-100502 | 01-102202 | 01-104502 |
| Red | Medium | 01-100103 | 01-101503 | 01-100203 | 01-100503 | 01-102203 | 01-104503 |
| Green | Heavy | 01-100104 | 01-101504 | 01-100204 | 01-100504 | 01-102204 | 01-104504 |
| Blue | Extra Heavy | 01-100105 | 01-101505 | 01-100205 | 01-100505 | 01-102205 | 01-104505 |
| Black | Special Heavy | 01-100106 | 01-101506 | 01-100206 | 01-100506 | 01-102206 | 01-104506 |
| Silver | Super Heavy | n/a | 01-101507 | 01-100207 | 01-100507 | 01-102207 | n/a |
| Gold | Ultra Heavy | n/a | n/a | n/a | 01-100508 | 01-102208 | n/a |
| Set of 5 resistances (yellow to black) | | n/a | 01-101511 | 01-100211 | n/a | n/a | n/a |





The production of MSD-Band starts deep in the humid forests of Malaysia, where the best and strongest trees provide the natural latex rubber that will be processed from a milky fluid to your preferred resistive exercise band. When a tree is 5 - 6 years old, harvesting can begin: incisions are being made orthogonally in the bark of the tree, just deep enough to tap the latex vessels without harming the tree's growth. The fluid is collected in small buckets, a process known as rubber tapping.

natural
100%
biodegradable

"This is why we are confident when using the words 'premium quality' when referring to MSD-Band."

Did you know that rubber trees combat greenhouse gases and thereby slowing down global warming? Additionally, latex harvesting helps prevent deforestation.

Only the best quality latex is being selected for the MSD-Band. Production starts under the constant supervision of a team of scientists, ensuring an immaculate product quality.

Latex sheets are produced, powdered, washed, dried and cut to the exact width. The amount of powder used is below the 2mg/dm² limit, which makes the MSD-Band officially powder-free. Each batch of latex sheeting that is produced, is subject to the meticulous inspection of our scientists by a series of laboratory experiments: colour-coding, dryness, tensile strength, tearing resistance, snapping resistance, ...

During the rolling process, a 100% visual inspection is being conducted on both sides of the band. Indeed, before leaving the factory, every MSD-band has been completely analysed, checked and examined to ensure premium product quality.



The Original

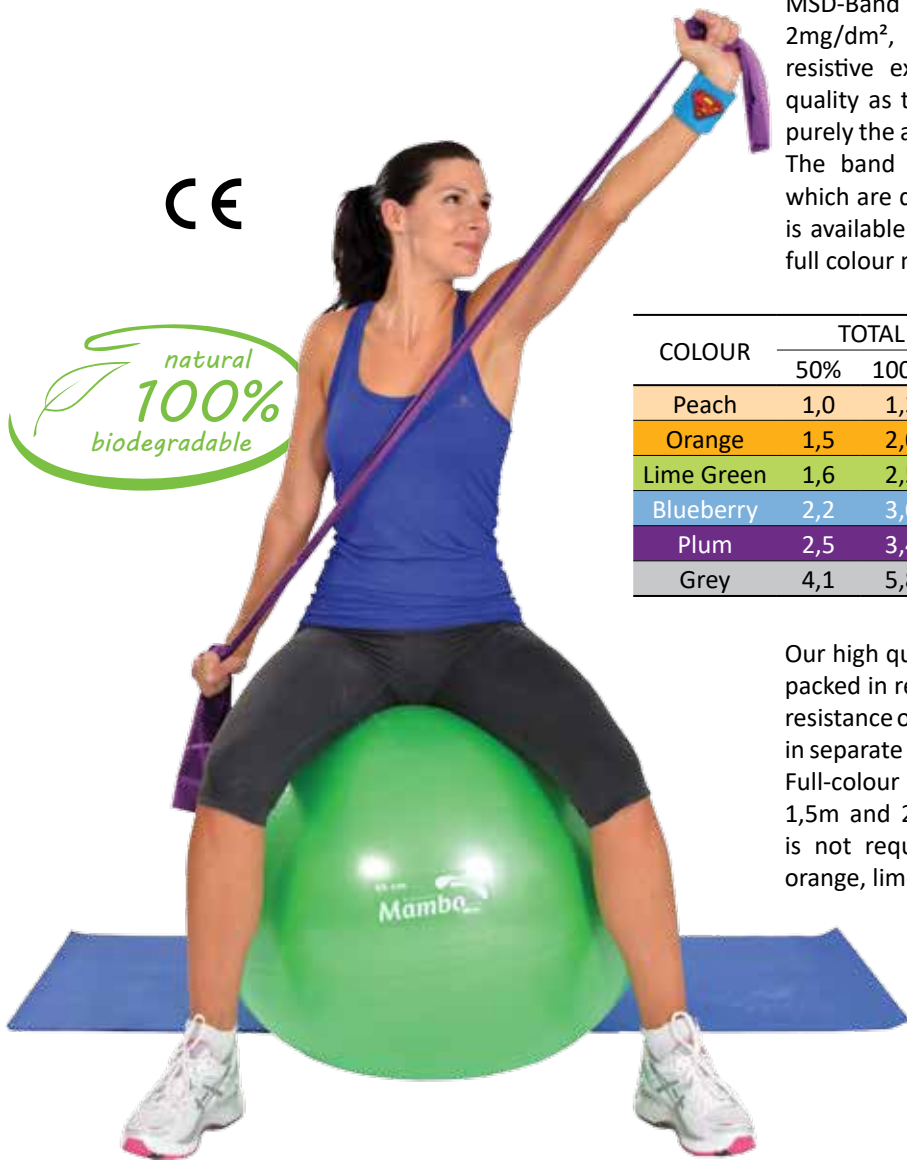
MSD-BAND

RESISTIVE EXERCISE SYSTEM



CE

natural
100%
biodegradable



MSD-Band Global is a low powder (in fact, less than 2mg/dm², so we're officially powder-free) latex resistive exercise band with the same premium quality as the original MSD-Band. The difference is purely the alternative, more trendy colour sequence. The band comes in 6 different resistance levels which are determined by the thickness of the band, is available in 4 different lengths and comes with a full colour manual.

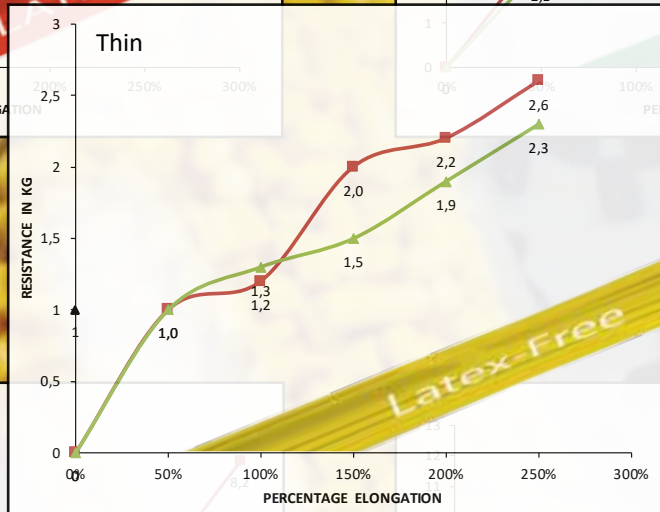
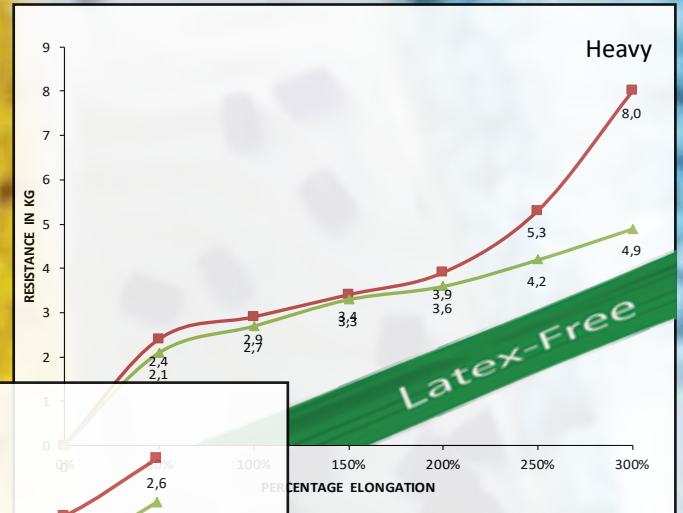
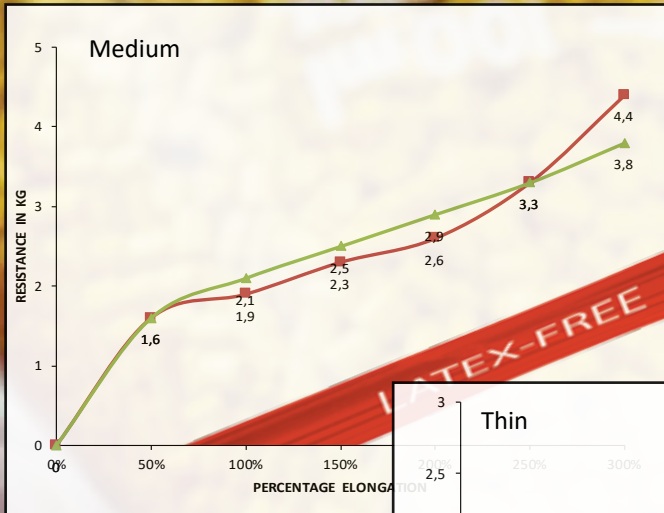
| COLOUR | TOTAL KG / ELONGATION % | | | | | Compares to STANDARD |
|------------|-------------------------|------|------|------|------|----------------------|
| | 50% | 100% | 150% | 200% | 250% | |
| Peach | 1,0 | 1,3 | 1,5 | 1,9 | 2,3 | Yellow |
| Orange | 1,5 | 2,0 | 2,5 | 3,2 | 3,7 | Red |
| Lime Green | 1,6 | 2,5 | 3,0 | 3,5 | 4,1 | Green |
| Blueberry | 2,2 | 3,0 | 3,6 | 4,4 | 5,2 | Blue |
| Plum | 2,5 | 3,4 | 4,0 | 4,9 | 6,1 | Black |
| Grey | 4,1 | 5,8 | 7,2 | 7,9 | 9,5 | Silver |

Our high quality 1,5m and 2,5m MSD-Band Global is packed in retail packs. 10 pre-cut pieces of the same resistance or 5 pieces of different resistance that come in separate polybags with header for easy dispensing. Full-colour instruction manual is included. These 1,5m and 2,5m bands are easy to use and cutting is not required. The available colours are peach, orange, lime green, blueberry, plum and grey.

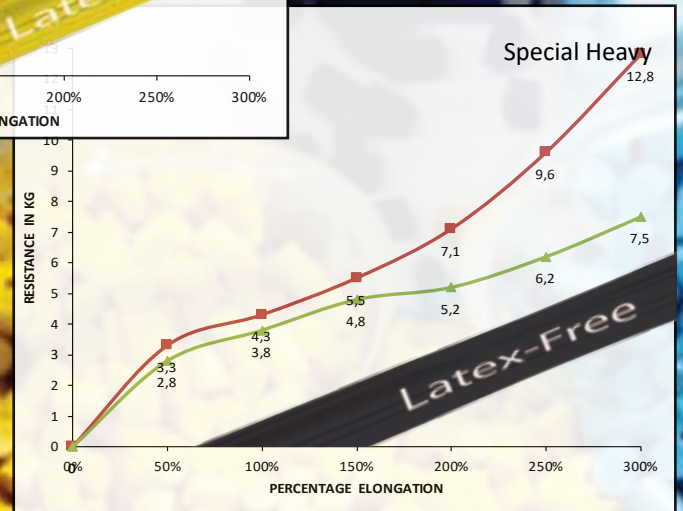
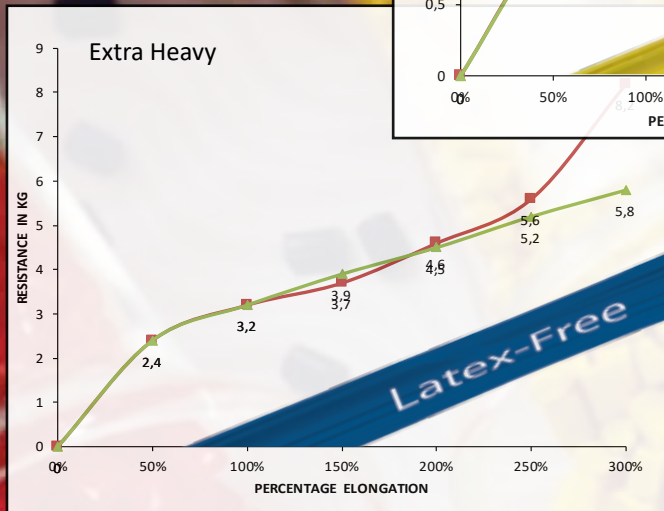
Extended Range

| COLOUR | RESISTANCE | MSD-BAND GLOBAL | | | | |
|--------------------------------------|------------|-----------------|------------|------------|--------------|--------------|
| | | 5ft / 1,5m | 8ft / 2,5m | 6yd / 5,5m | 25yd / 22,5m | 50yd / 45,5m |
| Peach | Level 1 | 01-111502 | 01-110202 | 01-110502 | n/a | 01-114502 |
| Orange | Level 2 | 01-111503 | 01-110203 | 01-110503 | n/a | 01-114503 |
| Lime Green | Level 3 | 01-111504 | 01-110204 | 01-110504 | n/a | 01-114504 |
| Blueberry | Level 4 | 01-111505 | 01-110205 | 01-110505 | n/a | 01-114505 |
| Plum | Level 5 | 01-111506 | 01-110206 | 01-110506 | n/a | 01-114506 |
| Grey | Level 6 | 01-111507 | 01-110207 | 01-110507 | 01-112207 | |
| Set of 5 resistances (peach to plum) | | 01-111511 | 01-110211 | n/a | n/a | n/a |





▲ MSD-Band Latex-Free
■ Market Leader



We are confident that MSD-Band Latex-Free is one of the best latex-free resistive exercise bands on the market. The elasticity and linearity are simply amazing. Finally people who don't support latex can exercise with the same high quality specifications. MSD-Band Latex-Free starts from high quality thermoplastic elastomer (TPE), so it's non-toxic and completely PVC and phthalate free.

The linearity from how the strength per elongation evolves is one of the most important specifications as it offers the possibility to apply a very extended range of exercises without risking an injury due to strange product behaviour. Latex-free alternatives will reach their 'elastic stop' more quickly; this is the point where the band feels like a regular string.

We noticed a growing demand and trend for latex free products. For instance, more and more hospitals and centers aim to be completely latex free to avoid possible allergic reactions and issues for their patients. After extensive research and development, we were able to launch our MSD-Band Latex-Free. A product which we're extremely proud of.

LATEX-FREE

MSD-BAND

RESISTIVE EXERCISE SYSTEM

Thanks to our technological leadership, we achieved a Latex-Free exercise band with characteristics that were never before so close to its latex counterpart. With an exceptional 'resistance vs. elongation' linearity, we are confident our MSD-Band Latex-Free Resistive Exercise Band is the best product to fulfil your needs.

The 5 different resistance levels are determined by the thickness of the band. These bands are available in 3 lengths and come with a full colour manual.

- 1,5m: 10 pre-cut pieces of the same resistance or 5 pieces of different resistance (yellow, red, green, blue and black) that come in separate polybags with header.
- 5,5m: A small roll of our premium MSD-Band Latex-Free.
- 45,5m: A big roll of our premium MSD-Band Latex-Free.



| COLOUR | TOTAL KG / ELONGATION % | | | | |
|--------|-------------------------|------|------|------|------|
| | 50% | 100% | 150% | 200% | 250% |
| Yellow | 1,4 | 1,9 | 2,2 | 2,5 | 2,8 |
| Red | 1,6 | 2,1 | 2,5 | 2,9 | 3,3 |
| Green | 2,1 | 2,7 | 3,3 | 3,6 | 4,2 |
| Blue | 2,4 | 3,2 | 3,9 | 4,5 | 5,2 |
| Black | 2,8 | 3,8 | 4,8 | 5,2 | 6,2 |

TPE
phthalate-free

1,5m



45,5m



5,5m



| COLOUR | RESISTANCE | MSD-BAND LATEX-FREE | | |
|--|---------------|---------------------|-----------|-----------|
| | | 1,5m | 5,5m | 45,5m |
| Yellow | Thin | 01-121502 | 01-120502 | 01-124502 |
| Red | Medium | 01-121503 | 01-120503 | 01-124503 |
| Green | Heavy | 01-121504 | 01-120504 | 01-124504 |
| Blue | Extra Heavy | 01-121505 | 01-120505 | 01-124505 |
| Black | Special Heavy | 01-121506 | 01-120506 | 01-124506 |
| Set of 5 resistances (yellow to black) | | 01-121511 | n/a | n/a |

LATEX-FREE

RESISTIVE
EXERCISEHAND
EXERCISEUPPER & LOWER
BODY EXERCISE

WELLNESS

FITNESS

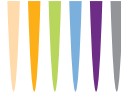
STRENGTH

THERMAL
TREATMENTMOVEMENTS
IN

The Original

MSD-BAND

RESISTIVE EXERCISE SYSTEM



To answer the continuously growing demand for an universal colour, we do provide our dipped, high quality MSD-Band Resistive Exercise Tubing in a different colour sequence too. These 'Global' colours are derived from the original colours, but will be applied globally as a product on its own, next to the 'Original' colours. You will find the advantages of dipped tubing on p15.

MSD-Band Global Resistive Exercise Tubing is ready to use, straight out of its polybag in a 120cm length with handles. It's also available in 30m rolls, packed in a great dispenser box. Rotation or Safety Handles offer an unlimited amount of exercises and superior grip.

As we constantly continue to develop our products, we present the amazing resistances in the table below. They are available in 6 different resistances.

| COLOUR | TOTAL KG / ELONGATION % | | | | | Compares to STANDARD |
|------------|-------------------------|------|------|------|------|----------------------|
| | 50% | 100% | 150% | 200% | 250% | |
| Peach | 1,0 | 1,5 | 1,9 | 2,3 | 2,9 | Yellow |
| Orange | 1,4 | 2,0 | 2,5 | 2,8 | 3,4 | Red |
| Lime Green | 2,4 | 3,4 | 4,0 | 4,9 | 5,5 | Green |
| Blueberry | 2,9 | 3,9 | 4,7 | 5,6 | 5,9 | Blue |
| Plum | 3,4 | 4,4 | 5,4 | 6,2 | 7,1 | Black |
| Grey | 4,0 | 5,4 | 6,5 | 7,7 | 8,1 | Silver |



| COLOUR | RESISTANCE | 48" / 120cm in polybag | 100ft / 30m roll |
|------------|------------|------------------------|------------------|
| Peach | Level 1 | 01-210102 | 01-213002 |
| Orange | Level 2 | 01-210103 | 01-213003 |
| Lime Green | Level 3 | 01-210104 | 01-213004 |
| Blueberry | Level 4 | 01-210105 | 01-213005 |
| Plum | Level 5 | 01-210106 | 01-213006 |
| Grey | Level 6 | 01-210107 | 01-213007 |



The Original

MSD-BAND

RESISTIVE EXERCISE SYSTEM

The MSD-Band Resistive Exercise Tubing is a high quality tubing created by an intensive dipping process. The dipping process guarantees a multi-layered tubing, which ensures a strong and safe training product, while extruded tubings are very susceptible to damage and can easily snap. In general, dipped tubings are even more durable than bands, especially when using it on a coarse surface.

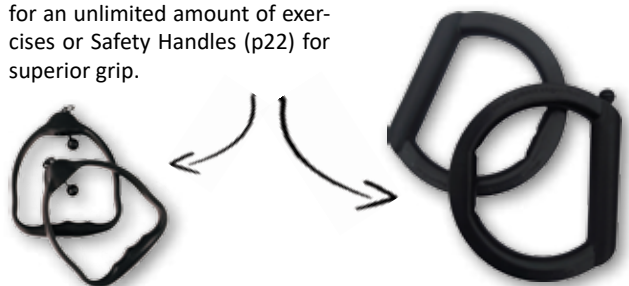
The MSD-Band Tubing is available in 7,5m and 30m rolls that are packed in a great dispenser box. In combination with rotation or safety handles, you get an unlimited amount of exercises and superior grip.

The table below shows the exceptional strength to elongation linearity from our tubing.

| COLOUR | TOTAL KG / ELONGATION % | | | | | |
|--------|-------------------------|------|------|------|------|------|
| | 50% | 100% | 150% | 200% | 250% | 300% |
| Yellow | 1,0 | 1,5 | 1,9 | 2,3 | 2,9 | 3,6 |
| Red | 1,4 | 2,0 | 2,5 | 2,8 | 3,4 | 4,0 |
| Green | 2,4 | 3,4 | 4,0 | 4,9 | 5,5 | 6,5 |
| Blue | 2,9 | 3,9 | 4,7 | 5,6 | 5,9 | 7,4 |
| Black | 3,4 | 4,4 | 5,4 | 6,2 | 7,1 | 8,1 |
| Silver | 4,0 | 5,4 | 6,5 | 7,7 | 8,1 | 9,5 |



Use our Rotation Handles (p17) for an unlimited amount of exercises or Safety Handles (p22) for superior grip.



| COLOUR | RESISTANCE | MSD-BAND TUBING | |
|--------|---------------|-----------------|-----------|
| | | 30m roll | 7,5m roll |
| Yellow | Thin | 01-203002 | 01-200702 |
| Red | Medium | 01-203003 | 01-200703 |
| Green | Heavy | 01-203004 | 01-200704 |
| Blue | Extra Heavy | 01-203005 | 01-200705 |
| Black | Special Heavy | 01-203006 | 01-200706 |
| Silver | Super Heavy | 01-203007 | 01-200707 |