



The MSD-Band Bar is the ideal product to treat and resolve the golfer's and tennis elbow. This affective product is developed to focus on hand, arm and shoulder problems, this product allows flexion and extension exercises, adduction and abduction exercises and even soft tissue mobilisation, far more than the twisting and bending you would imagine. The MSD-Band Bar is available in 5 colours /resistances: light, medium, heavy, extra heavy and special heavy.

Size: 31cm x 4,5cm
 Packaging: polybag with full-colour header
 Material: dried natural rubber

1 size Ø; 5 Colours / Resistances



*Ideal for
 Golfer's &
 Tennis Elbow
 treatment*



COLOUR	RESISTANCE	MSD-BAND BAR
Yellow	Light	01-600102
Red	Medium	01-600103
Green	Heavy	01-600104
Blue	Extra Heavy	01-600105
Black	Special Heavy	01-600106

MSD-BAND ANKLECISER

The MSD-Band Ankleciser is a great ankle exerciser, complying to all the rigorous quality standards MSD Europe demands of its MSD-Band brand products. It's as easy in use as it's effective. The feet slip comfortably into the latex free elastic band which consists of two stitched loops. Available in 4 different resistances, this progressive exercise system enables the user to choose the desired resistance level to perform the exercises, ranging from rehab to athlete.

Available in a set of 4 resistances, or in a 5-pack of the same resistance.

Packed in a polybag with full-colour header and exercise chart.



COLOUR	RESISTANCE	MSD-BAND ANKLECISER
Yellow	Light	01-500102
Red	Medium	01-500103
Green	Heavy	01-500104
Blue	Extra Heavy	01-500105
Set of 4 resistances		01-500111